

# Palytoxin Poisoning

## What to look out for

### Causes:

Exposure to Palythoa or Zoanthus Soft Corals. The toxin may be contained within their slime coating.

Possible ways of toxin entry into the body are:

- Inhalation if the corals are boiled or heated to high temperatures during cleaning of rock
- Absorption through cuts to hands, arms or hangnails on fingers
- Splashing water containing toxin into eyes and mouth

### Symptoms:

Flu-like symptoms - Chills, Fever, Headaches, Cough, Sore Throat, Chest Pains, Muscle Aches  
Rash, Itching, Numbness in Affected Area

Trouble Breathing, Shortness of Breath, Runny Nose, Wheezing

Dizziness, Blurred Vision, Fatigue, Irregular Heart Beat

Possible Foul Smell or Bitter/Metallic Taste in Mouth

**Poison Control Tel #** \_\_\_\_\_